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Government  
Publications

# PRODUCT CATALOGUE 1993



Addiction  
Research  
Foundation

Fondation  
de la recherche  
sur la toxicomanie



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*ARF is a designated  
World Health  
Organization  
collaborating centre  
and a non-profit  
agency.*

The Addiction Research Foundation's world-class reputation is based on its research. With some 50 career scientists on staff – the largest concentration in the addictions field – we develop and deliver new ways of understanding and treating drug-related problems.

But ARF is more than a research facility.

We also have 27 field offices, where our consultants work with communities to fight substance abuse.

And we have dozens of professionals who develop books, videos, training programs and other products that bring our findings to the world.

We have materials on treatment and prevention; for school, home or workplace; for the professional and the lay person.

Let our products – and our experience – work for you.

*These icons identify the  
format of each item. Use them  
to find the products you need.*



Poster



Computer  
Software



Leaflet



Video  
Cassette



Book



Audio  
Cassette



Game



Workshop







## Is It Safe For My Baby?

NEW

P126

\$42.50 (package of 50)

Version française intitulée *Est-ce sans danger pour mon bébé?*

ARF's information pamphlets and posters sum up our latest findings on a wide variety of subjects. Based on ARF research and continuously updated, these materials are cost-effective, attractive and easy to read.

And there's no need to spend money or resources developing your own materials. If you order 10,000 copies of any pamphlet or poster, we'll add your organization's logo – and take 30% off the regular price.

ARF information materials are ideal for display or distribution in health and community centres, pharmacies, schools, libraries, police stations – anywhere they can reach the public.

This quick-reference bilingual chart describes the effects of 16 different substances – including alcohol, tobacco, caffeine, prescription, over-the-counter and illegal drugs – on the developing fetus. Folds out to a wall poster.

*Is It Safe For My Baby?* replaces ARF's *Can I Take This If I'm Pregnant?*



## Me... On Drugs?

NEW

P123

\$42.50 (package of 50)

Version française intitulée *Moi, je prends de la drogue?*

Caffeine, alcohol, steroids, sleeping pills, cocaine, heroin, marijuana. Legal or illegal, all are drugs, and some are more prone to abuse than others.

This poster lists the short- and long-term effects of 12 substances and answers common questions such as What is a drug? What is a drug problem? Why do people use drugs? What is drug dependence?

*Me... On Drugs?* replaces *Coffee, Tea & Me... And?*







## Do You Know...

Each title: \$10 (package of 50)

Version française intitulée *Vous connaissez...*

These easy-to-read pamphlets answer common questions about a variety of drugs and related issues.

The series includes:

Alcohol - P251

Alcohol, Other Drugs  
and Driving - P264

Amphetamines - P252

Barbiturates - P253

Caffeine - P263

Cannabis - P254

Cocaine - P262

Hallucinogens - P255

Opiates - P257

Solvents and Aerosols - P259

Steroids - P256

Tobacco - P260

Tranquillizers and

Sleeping Pills - P261



## About Smoking

P383

\$42.50 (package of 50) ♣

Version française intitulée *Le tabac*

This provocative comic book-style pamphlet delivers the facts on tobacco: what's in a smoke, how it's made and what it does. Humor helps get across a serious message about the dangers of smoking. Intended for teens.



## About Cocaine

P382

\$42.50 (package of 50) ♣

Version française intitulée *La cocaïne*

This pamphlet describes the dangers of cocaine use, legal penalties for possession and trafficking, and the history of cocaine. It shares the comic book format and teenage audience of *About Smoking*.



## Marijuana: Answers for Young People and Parents

P138

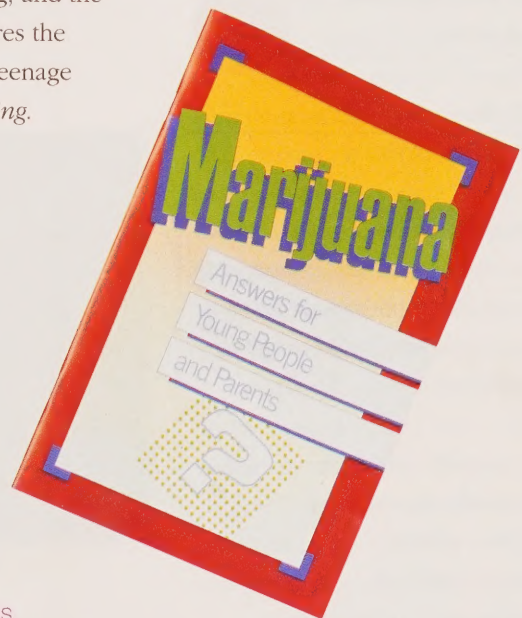
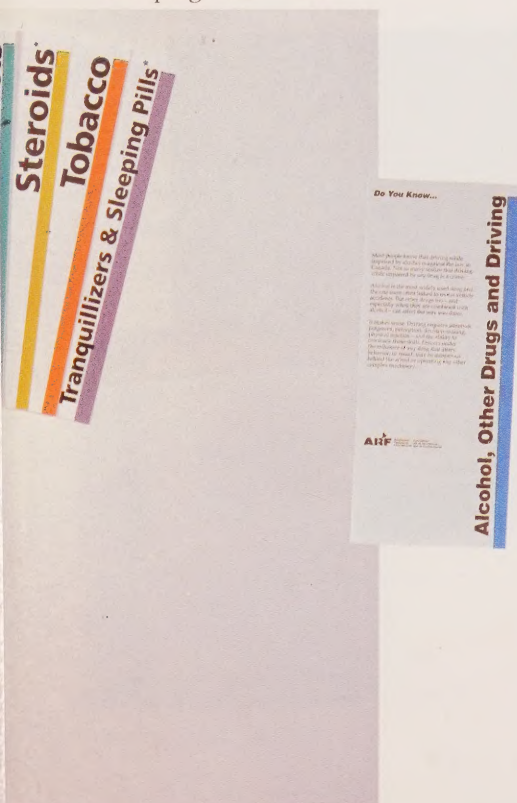
\$37.50 (package of 50) ♣

Version française intitulée *Marijuana : Réponses destinées aux jeunes et aux parents*

Is cannabis addictive? What is a cannabis "high" like?

Each year, hundreds of parents and young people call the ARF for information about marijuana.

In this pamphlet, we've compiled answers to the 13 most frequently-asked questions. We've also included a short quiz that readers can use to test their knowledge.



Buy all 13 titles of  
Do You Know series  
(50 per title)  
and save \$20  
SET P249: \$110

Questions? Or to order call 1-800-661-1111 ☐ 9 a.m. to 5 p.m. EST





## Alcoholism: From Recognition to Recovery

PB004

\$12.95 ♦

by Arthur Herscovitch

How do you know when someone is alcoholic? What are the signs? What can you do to help?

This book answers these and many more questions in clear, concise language. Dr. Herscovitch dispels the myths and misconceptions about alcohol and alcoholism. Using case histories, he illustrates the range of problems alcohol abusers and their families may encounter, and treatment methods that can help.

Special offer:  
Buy both  
Dr. Herscovitch  
books for only \$20



## Drug Dependence: From Recognition to Recovery

PB005

\$12.95 ♦

by Arthur Herscovitch

In this new volume, Dr. Herscovitch tackles the issue of drug abuse in the same clear and concise manner that made his book on alcoholism so useful and popular. Topics include:

- why people use drugs
- commonly abused drugs and their effects
- physical and legal consequences of drug abuse
- identifying drug abuse
- denial of problems
- treatment options
- living without drugs.



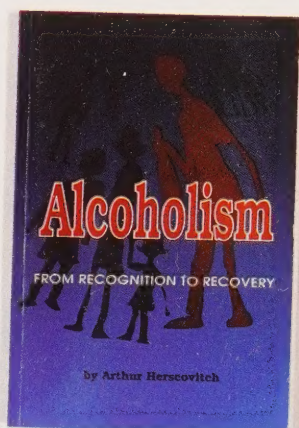
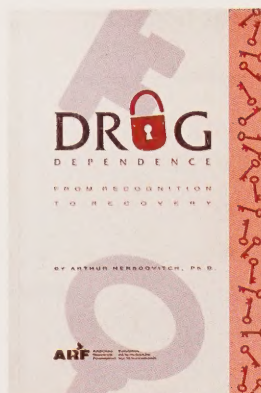
## Dealing With Drinking

P391

\$42.50 (package of 50)

This colorful 16" x 22" bilingual pamphlet defines problem drinking and suggests five steps people can take to drink more sensibly. Folds out to a wall poster.

NEW



## Inhalant Abuse

26 min.

Original version-26 min.

PV156

\$95

Edited version (ages 13 and over)

16 min. 25 sec.

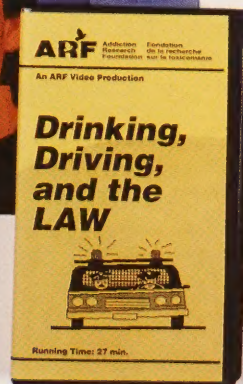
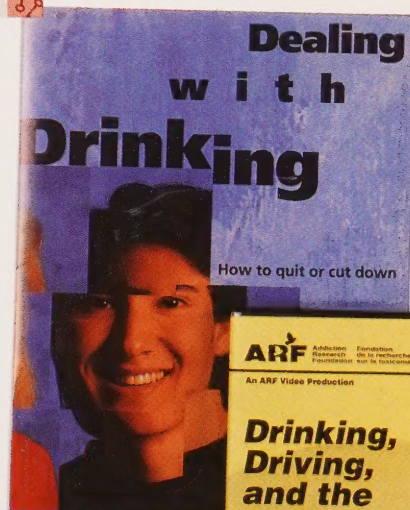
PV189

\$75

Co-produced by ARF and the National Native Alcohol and Drug Abuse Program.

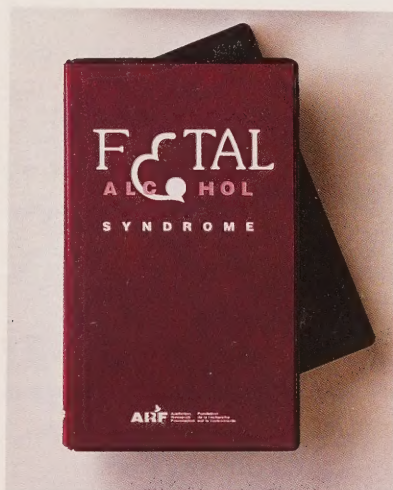
Recent research findings confirm that brain damage from solvent and aerosol abuse is permanent and irreversible.

The unedited version of this video, aimed at parents, teachers and health care professionals, discusses these findings and other effects of abuse, and shows how to identify abusers.





An edited version of *Inbalant Abuse* is available for classroom use. It teaches the dangers of this potentially lethal type of abuse, but graphic scenes showing how young people use these substances have been edited out.



### Fetal Alcohol Syndrome

13 min.

PV102

\$100

Mary Atkins is a recovering alcoholic; Mary Atkins is a mom. She drank throughout her pregnancies and fears that this has hurt her kids. Now an alcoholism counselor on the Six Nations' Reserve, Mary shares her story in this video. The dangers of drinking during pregnancy are examined and Fetal Alcohol Syndrome – the pattern of birth defects associated with heavy drinking – is explained.

An excellent resource for the pre-natal class teacher, public health nurse or public library.



### Progressive Muscular Relaxation

43 min.

PA017

\$9

*Progressive Muscular Relaxation (PMR)* is a method of reducing tension throughout the working day.

This audiotope can teach you how to relax isolated muscle groups, become aware of everyday situations that create a tension build-up, and reduce stress.

PMR has been used in ARF therapy programs for nearly 20 years. Its principles can be applied by anyone who needs to reduce stress in their everyday lives.

You can do PMR exercises lying down or in a sitting position. It's a simple and inexpensive way to relax!



### Saying When: How to Quit Drinking or Cut Down

NEW

PG057

\$24.95

by Martha Sanchez-Craig

If you're concerned about a client's drinking – its effects on their health, work or family – *Saying When* can help them quit or cut down.

Based on a program used at the ARF for more than 18 years, this self-help book shows people how to:

- take stock of their alcohol use
- cope with temptation
- develop strategies to moderate or abstain from drinking
- set goals for alcohol consumption and lifestyle change
- and maintain progress.

*Saying When* is meant for people who are motivated to change, and who want privacy, anonymity, flexibility and choice.

The first section will help them determine whether this guide is appropriate, or whether more intensive help is needed.

The program is not meant for people with severe alcohol or other drug dependence, or serious medical or social problems.

Clients don't have to label themselves alcoholic, enter treatment or put their lives or jobs on hold. And they can choose the goal that's right for them – whether that is quitting or cutting down.





## Dr. Cooper Series

Set of six Educational Kits: PVK00

\$200

Each Educational Kit:

\$50

Each of these six lively learning kits consists of a video, teacher's guide (many include music for the original songs) and a "coming soon" poster. The videos feature the puppet characters Dr. Cooper, a research scientist, and lab assistants Melvin the dog and Martha the mouse. Together they investigate the effects of alcohol and drugs. The videos are fun, informative and ideal for the classroom.

The six Educational Kits are as follows:

Buy all six  
Dr. Cooper  
Educational Kits  
for \$200



## Leave It Alone

For preschoolers, 9 min. 30 sec.

Educational Kit: PVK38

Version française intitulée

*N'y touche pas*

*Subject: Younger children learn how to recognize product warning labels and not to eat or drink unknown substances.*

Melvin's puppy nephews arrange a surprise birthday party for him. They search the house for candy, drinks and other colorful treats.



## Butt It Out

Grades 1-3, 14 min. 30 sec.

Educational Kit: PVK05

Version française intitulée *Écrase*

*Subject: Physical effects of smoking, peer pressure, second-hand smoke and personal responsibility for health.*

In *Butt It Out*, Robot smokes because it's cool – but when he tries running he finds that he's out of breath. That's okay, because a robot can easily get new lungs. But a person can't.



## Never Listen To A Bottle

Up to Grade 6, 9 min. 25 sec.

Educational Kit: PVK11

Version française intitulée *Ferme tes oreilles à la bouteille*

*Subject: The short-term effects of alcohol, alcohol advertising and the hazards of drinking and driving.*

Dr. Cooper compares the driving skills of heavy drinker Fred, light drinker Melvin and abstainer Martha. A talking beer bottle tempts Robot to sample its wares.



## Alcohol: The Inside Story

Up to Grade 6, 9 min. 25 sec.

Educational Kit: PVK14

Version française intitulée *Vue de l'intérieur*

*Subject: Long-term effects of alcohol, alcohol as a drug, risk of accidents while intoxicated and drinking and pregnancy.*

Prim Aunt Marsha and boozy Uncle Ned compare the health of their hearts and livers. Robot finds out the hard way how bad it feels to be drunk.







## Nothing To Sniff At

Up to Grade 6, 9 min. 30 sec.

Educational Kit: PVK32

Version française intitulée *Pas de quoi renifler*

*Subject: The potential harmful effects of inhalants such as glue and other household products.*

Poor Melvin accidentally sniffs the contents of some of Dr. Cooper's chemical bottles and experiences horrible hallucinations.



## Keep Off The Grass

Up to Grade 6, 9 min. 30 sec.

Educational Kit: PVK17

Version française intitulée *Pas de pot, mon pote*

*Subject: Marijuana, its long- and short-term effects, and health and legal consequences.*

Mike the handyman has been smoking pot for years. Now he literally doesn't know which way is up! A chorus of singing police officers warns what happens if you get caught with marijuana.



## Smokes & Ladders

An ARF Board Game, ages 7-11

PM001

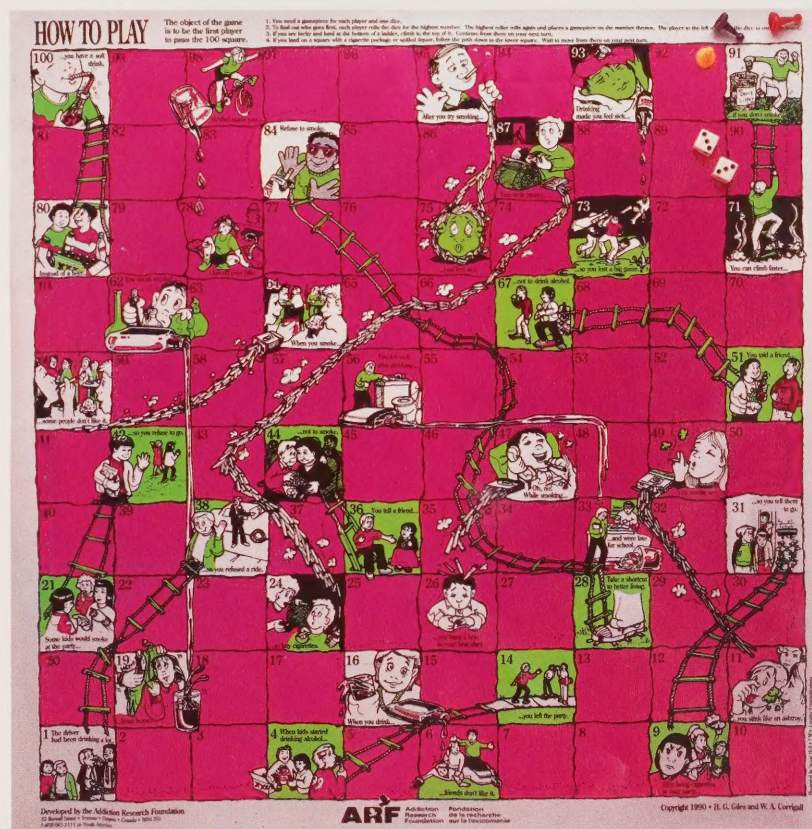
\$15

by Bill Corrigan and Gwynne Giles

Based on the classic board game, *Smokes & Ladders* shows kids the risks of smoking cigarettes and sampling alcohol. It also shows the benefits of avoiding them.

Printed on flexible, durable vinyl, this colorful game features cartoon-style illustrations of children making tough choices about alcohol and tobacco use.

Developed by ARF scientists, and field-tested in classrooms, Scout groups, camps and recreation centres, *Smokes & Ladders* is a fun, relaxed way for educators and students to address the consequences of alcohol and tobacco use.







## Computerized Blood Alcohol Calculator (CBAC)

NEW

Computer Disk and  
User's Guide

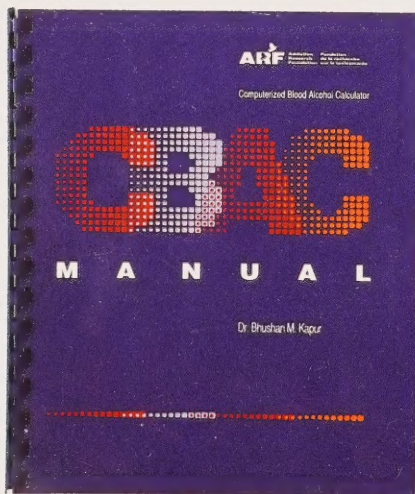
PD008

\$95

Please indicate 3 1/2 or 5 1/4 in. disk.

Unlimited usage!

by Bhushan M. Kapur



This software package teaches how variables such as weight, height, age, sex and alcohol consumption can affect a person's blood alcohol concentration (BAC).

Police, driving instructors and others will find *CBAC* a unique way to show how easily a person's BAC can rise above the legal limit.

All you need to use *CBAC* is an IBM-compatible computer. Each user can then input his/her personal information (age, weight, etc.) and what they drank (or would drink) over a given period of time.



- CBAC* can then calculate:
- their BAC after consuming a variety of drinks such as beer, wine and liquor
  - how many drinks in a given period might put them over the limit
  - how much time must pass before their BAC would fall below the limit
  - and a number of other options.

You can customize the program to reflect your community's legal limits.

*CBAC* can produce a personalized printout for each user.

It also reminds users that they may be impaired after consuming any amount of alcohol and advises them to refrain from driving when drinking.



## High School Education to Reduce Impaired Driving

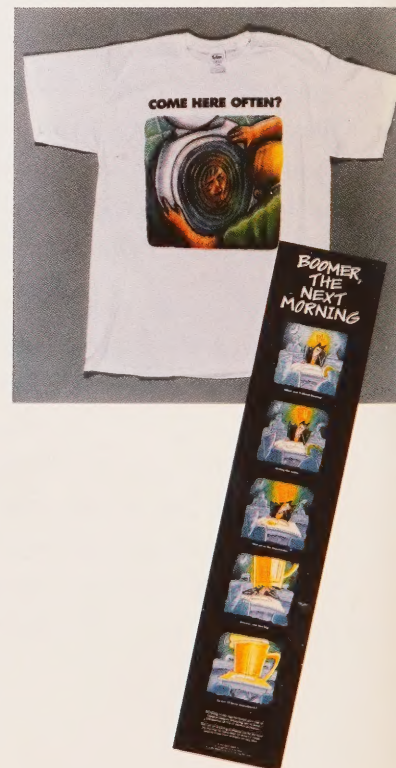
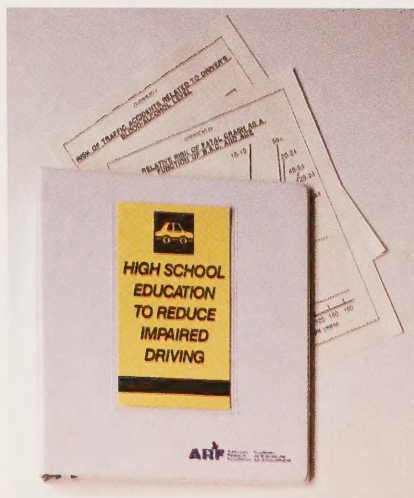
PG031

\$4.95 ♣

This manual consists of three complete lesson plans, including overhead masters, which cover:

- an overview of the issue
- effects of alcohol on driving ability
- blood alcohol concentration
- legal aspects and penalties
- cannabis and driving
- and other related topics.

Recommended for use with the *Computerized Blood Alcohol Calculator*.





## Student Alcohol Awareness

NEW

Posters: Each title

\$20 (package of 25)

T-shirt – one size fits all

PH018

\$11 each

Car window decal

PH001

\$5.75 (package of 25)

Personal Drinking checklist

PH014

\$13 (package of 25)

A joint venture of ARF and Homewood Health Services.

This prevention program, developed by Homewood Health Services, provides a complete set of guidelines for avoiding alcohol problems.

The program materials can be used throughout the academic year. They include:

- five full-color posters, touching on a range of alcohol-related topics.

The titles are:

Boomer, The Next Morning - PH009

Life's a Beach - PH010

Beer and Pretzel Logic - PH011

Touch Down! - PH012

Come Here Often? - PH013

- T-Shirt

- car window decal that encourages sober driving

- and a Personal Drinking Checklist, which can be customized to feature a help number.



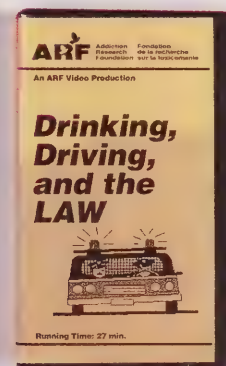
### Just for a Few Drinks

15 min.

PV165

\$55

The Trinity Theatre Group performs three five-minute vignettes on teen drinking situations. This video provides opportunities to discuss social drinking, the consequences of impaired driving and other issues. Great for classroom use.



### Drinking, Driving and the Law

27 min.

PV183

\$95

This video is an invaluable resource for educators, police officers and driving school instructors and is recommended for use with the *Computerized Blood Alcohol Calculator (CBAC)*.

*Drinking, Driving, and the Law* shows one man's experience from spot-check to sentencing. His story is used to illustrate a range of impaired-driving issues, including potential penalties for first-time and repeat offenders.



Questions? Or to order call 1-800-661-1111



## The choice is yours

• cocaine and crack  
• drug use and crime  
• cannabis



ARF



### The Choice is Yours

29 min., ages 13 and up

PV159

\$100

Co-produced with the Ontario  
Chiefs of Police

Version française intitulée *À vous  
de choisir*

Educators, school boards, parent organizations, youth groups and police will find this video a valuable teaching tool.

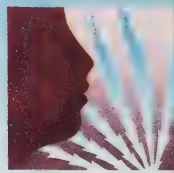
*The Choice is Yours* shows how young people can make their own healthy decisions regarding drugs and alcohol.

Five segments, each about five minutes long, deal with commonly abused drugs. Real people tell their stories of drug abuse and the consequences of their choices.

Topics include:

- Alcohol
- Cocaine and Crack
- Cannabis
- Inhalants
- Drugs and the Law.

## Cannabis and you



ARF



### Cannabis and You

12 min., ages 13 and up

PV150

\$75

Version française intitulée *Le cannabis  
et vous*

Cannabis is still the most popular illegal drug among high school students.

What do we know about it? Is it addictive? How serious are the penalties if the law catches you using it?

These are just some of the questions answered by this video.

It discusses how school kids deal with pressure to use cannabis and encourages healthy choices.

An ideal discussion starter for the classroom and an excellent resource for libraries.



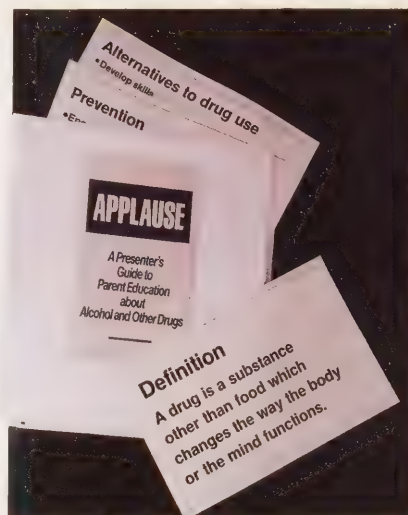
### APPLAUSE: A Presenter's Guide to Parent Education About Alcohol and Other Drugs

PG032

\$15 ♣

by Andrea Stevens Lavigne,  
Marg Simmons and Barbara Steep

APPLAUSE (Appropriate Presentations for Parents for Learning About Alcohol and Other Drugs Using Segmentation Effects) is a manual for anyone involved in parent education about alcohol and drugs. It can help parents prevent, identify and cope with kids' drug use. Sample presentations, extensive background readings and overhead masters are included.



### APPLAUSE Slide Set

PAS01

\$120

53 full-color slides packaged to fit neatly into the APPLAUSE binder. Designed to illustrate and enhance the presenter's message.





## Women, Work and Wellness

PB003

\$24.95 ♣

edited by Virginia Carver and  
Charles Ponée

This collection of papers examines a wide range of women's health and workplace issues in our changing social structure.

The 25 professionals who contribute to this volume come from a variety of backgrounds and disciplines in both the public and private sectors. Together they present a full perspective on health-related issues relevant to today's working woman.



## Employee Assistance Program (EAP) Posters

PP005

\$10 for set of 4 titles, 5 per title

Disponibles en français

Publicize your EAP. These simple, effective posters can promote awareness of and participation in your program.

You can personalize each poster with names of contact persons and telephone numbers.

The posters are 27cm. x 36cm. (10.5" x 14") and printed on heavy glossy stock. They're sold in a set of four titles.



## Play Your Hand

40 min.

PV114

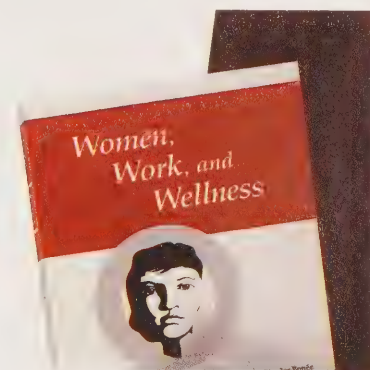
\$150

Version française intitulée *Jouer la bonne carte*

A great video for employers, managers and supervisors who need advice on how to deal with problem employees.

Realistic vignettes show the dynamics of employees experiencing the three most common problems: financial, marital and alcohol-related.

This video teaches how to recognize these problems and deal with them constructively.







### Assessment Handbook: A Handbook on Procedures for Addictions Assessment/ Referral Services

PZ071

\$35 ♣

This handbook will help assessment workers make the best use of local treatment and support services.

Contents include:

- intake procedures and policies
- assessment/referral procedures and policies
- principles and guidelines for treatment planning
- case management procedures
- clinical procedures and policies
- a sample Alcohol Dependence Scale (ADS) questionnaire
- a sample ASIST questionnaire
- a sample DAST-20 questionnaire.



### Alcohol Dependence Scale (ADS)

ADS Kit - includes User's Guide and  
25 Questionnaires

PG011: \$15 ♣

User's Guide

PG010: \$14.25 ♣

Set of 25 Questionnaires

PG143: \$6.50

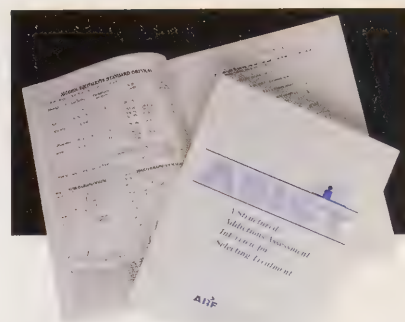
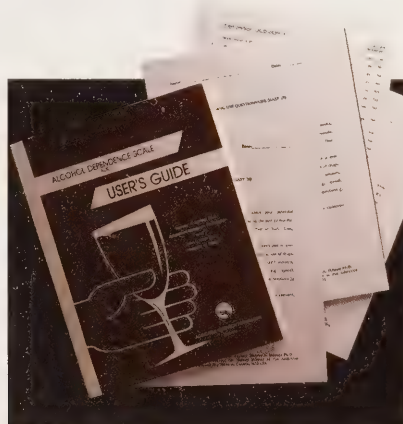
by Harvey A. Skinner and John L. Horn

Questionnaire français intitulé  
*Questionnaire sur la consommation  
d'alcool*

The most reliable clinical tool for measuring alcohol dependence symptoms in use today. A must for anyone assessing clients with alcohol problems.

Based on the World Health Organization (WHO) theoretical concept of a core alcohol dependence syndrome, the 25-item questionnaire can be quickly administered and scored by hand.

The user's guide contains normative data and validation information from various inpatient and outpatient samples.



### ASIST (A Structured Addictions Assessment Interview for Selecting Treatment)

PZ072

\$25 (package of 10)

Version française intitulée *Entrevue  
structurée d'évaluation de la  
toxicomanie*

When assessing clients with drug and alcohol problems, clinicians need to see the big picture – the full range of problems that might result from, or contribute to, substance abuse.

- ASIST is the most comprehensive assessment tool you'll find. ASIST illuminates all aspects of clients' lives, including:
- patterns of alcohol and psycho-active drug use
  - related risks
  - physical and mental health problems
  - family, employment and legal problems
  - previous treatment experience
  - preferences for treatment.

ASIST can help you and your client prioritize problems and plan a treatment course.





## Situational Confidence Questionnaire (SCQ-39)

### Software Version

User's Guide included

Please indicate 3 1/2 or 5 1/4 in. disk.

50 Uses: PD006

\$70

200 Uses: PD007

\$225

### Print Version

User's Guide and 25 Questionnaires

PG040

\$25 ♣

User's Guide: PG039

\$13.50 ♣

25 Questionnaires: P153

\$14.75

by Helen M. Annis and J. Martin Graham

Research shows that alcoholic clients who successfully resist drinking in a variety of high-risk situations are more likely to avoid relapse.

The SCQ software program helps clients learn how to deal with these situations without resorting to heavy drinking.

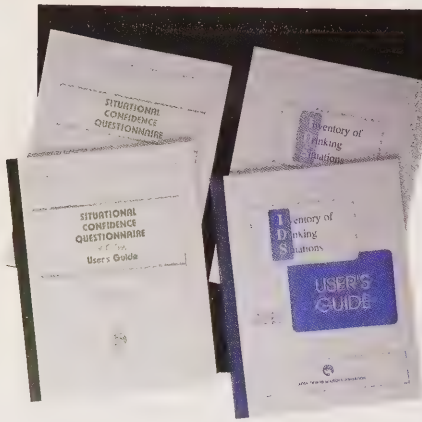
The SCQ can help therapists monitor clients' progress in dealing with these high-risk situations.

Scientists interested in treatment outcome and the process of relapse will find it a useful research tool.

The 39-item computer-generated questionnaire assesses two major categories: personal states and situations involving other people.

A User's Guide containing normative and validation data is included with the software package.

SCQ is also available in a print format.



## Inventory of Drinking Situations (IDS-100)

### Software Version

User's Guide included

Please indicate 3 1/2 or 5 1/4 in. disk.

50 Uses: PD003

\$140

200 Uses: PD004

\$450

### Print Version

User's Guide and 25 Questionnaires

PG036

\$25 ♣

User's Guide: PG035

\$13.50 ♣

25 Questionnaires: P144

\$14.75

Short Version (IDS-42) for research only (42 questions): P1441

\$12.75

Questionnaire français intitulé *Liste des occasions de consommation d'alcool (LOCA)*

by Helen M. Annis,  
J. Martin Graham and  
Christine S. Davis



This software program helps clients entering treatment identify situations that have tended to trigger heavy drinking in the past.

Knowing which situations to avoid can help the client prevent relapse after treatment.

Clients use the 100-item questionnaire to assess how their desire to drink has been affected by:

- pleasant or unpleasant emotions
- physical discomfort
- urges or temptations
- peer pressure
- conflict and other variables.

User's Guide includes normative and validation data. IDS-100 is also available in print format.

A 42-item printed short form is available for research purposes only. For clinical purposes, however, you must use the 100-item questionnaire.



## DAST-20 (Drug Abuse Screening Test)

PZ075

\$5.50 (pad of 100 questionnaires)

Version française intitulée *Questionnaire sur la consommation de drogues*

The DAST-20 can help you gauge the severity of a client's problems with drugs other than alcohol.

This brief questionnaire takes just five minutes to administer. It can be used in interview or self-report format.

The *Assessment Handbook* (see previous page) shows you how to score a client's answers and rate their drug-related problems. These ratings can then be taken into account when planning treatment.



**...And the Door Was Opened**

40 min.

PV168

\$75

*Version française intitulée ...Et une porte s'ouvrit*

The Ontario non-medical detoxification model has been in place now for more than 20 years.

This video looks at its history, how it works today, and its place in the continuum of addictions services offered across the province.

An excellent resource for persons advocating detox services, and those with an interest in social policy development.

**Quality Assurance in Substance Abuse Treatment: Guidelines for Practitioners**

PZZ01

\$10 ♣

This document describes standard methods of quality assurance. Addictions treatment agencies will find these guidelines helpful in reviewing their operations.

The document has been widely distributed in Ontario. It covers:

- management structure
- programs and services
- personnel/staffing.

**Problems Presented by Alcoholic Clients**

P550

\$12.95 ♣

by Michael R. Jacobs

This book is an excellent tool for therapists or anyone who deals on an ongoing basis with alcoholic clients.

Based on the experience of counselors, it provides practical intervention strategies for dealing with common problems that can doom therapy to failure, including denial, lateness for appointments, game-playing and refusal to take medication.

**Therapist's Manual for Secondary Prevention of Alcohol Problems**

PG014

\$20 ♣

by Martha Sanchez-Craig

This manual is for therapists who work with early-stage problem drinkers. The program is ideal for clients who are motivated to change their drinking behavior and who are looking for an alternative to traditional self-help approaches.

Author Martha Sanchez-Craig outlines:

- criteria and screening methods for identifying appropriate clients
- detailed descriptions of treatment procedures
- a summary of treatment theory and methodology.







## Group Therapy: Stages of Group Growth

80 min. (on two videocassettes)

PV174

\$250

*Group Therapy* is aimed at counselors in training, but also of value to students and professionals who may want to use group therapy to treat their clients.

The program covers four months in the life of a group for addicted people. We discover their pains, fears, conflicts, disappointments and growth, both as individuals and as a group.

The videos illustrate the significant aspects of change and growth, and the facilitator's tactics to achieve them.

The principles shown could also be applied to many non-addictions group settings, such as task-oriented or growth-oriented groups.



## Motivation and Change

120 min. (on two videocassettes)

PV186

\$250

The key to success in addictions therapy is getting the client to admit a problem and change the problem behavior.

These videos show how to meet this challenge. Based on real case histories, they illustrate:

- the theory and practice of client motivation
- the process of change
- dealing with resistance
- the therapeutic process.

The clients in the videos present a variety of problems – not necessarily related to addictions – and the therapist demonstrates the process of uncovering the underlying problem and prompting change.

This training program will help you learn or enhance therapy skills. It is designed for social workers or other members of the helping professions who are new to the addictions field.





## Alcohol Clinical Index

User's Guide: PG034

\$9.75 ♣

Questionnaires (pads of 50)

Clinical Signs: P146

\$9.95

Medical History: P147

\$9.95

Alcohol Use: P148

\$9.95

Checklist of Early Indicators and

Risk Factors: P149

\$9.95

by Harvey A. Skinner and Stephen Holt

Many patients who seek medical help for ulcers, traumas and other problems have caused or exacerbated their problems by drinking.

The *Alcohol Clinical Index* can help medical professionals assess whether alcohol may have been involved in an illness or injury.

The Index consists of two parts:

- *Clinical Signs*, elicited by the medical professional
- and *Medical History*, completed by the patient.

Two corroborating question-

naires – *Alcohol Use* and *Checklist of Early Indicators and Risk Factors* – are provided for patients whose Index scores indicate potential problems.

The User's Guide shows how to administer the Index and ensure that patients' self-reports are accurate.

Extra copies of all four questionnaires are available in pads of 50.



## 1991-92 Directory of Alcohol and Drug Treatment Resources in Ontario

P6471

\$25 ♣

An indispensable resource for counselors, case managers, assessment/referral workers – anyone who may want to refer a client to drug and alcohol treatment. More than 200 references are indexed:

- alphabetically
- geographically
- by treatment type
- by services for special populations
- by services in French.



## Physicians' Handbook for Medical Management of Alcohol- and Drug-Related Problems

PG019

\$7.95 ♣

by Paul Devenyi and Sarah J. Saunders

This handy pocket-sized manual on alcohol and drug problems will prove useful to general practitioners and other health-care professionals.

It covers:

- recognition of problems
- intoxication and overdose
- withdrawal
- medical complications
- treatment.





## Youth & Drugs: An Education Package for Professionals

Self-Study Package

PY001

\$175 per single copy

\$155 each for 2-5 copies

\$145 each for 6 or more copies

Co-produced with Health and Welfare Canada, part of the National Drug Strategy.

*Youth & Drugs* was developed for those who work with or come into regular contact with young people. It helps these professionals identify and respond to the needs of "early-stage" drug users: those who are beyond innocence but not yet addicted.

The package has five units:

- Adolescent Development
- Drugs and their Use
- Identification
- Assessment
- Intervention and Treatment.

Each unit consists of a workbook and videotape that include case studies, training exercises and more. Also included is a self-study guide and a *Book of Readings*, a collection of articles by qualified professionals.



## Youth & Drugs: Workshops

For those who prefer to take the *Youth & Drugs* course in the classroom, three- and five-day workshops are available through the Addiction Research Foundation. To enrol in a scheduled workshop, or to arrange one for your area, please call ARF's Training and Education Department at (416) 595-6000.

**Questions? Or to order call 1-800-661-1111**





## Training Program on Prevention in the Drug Field

Training Package and 3 Monographs

PZ091

\$95 ♣

Instructor's Manual

PZ082

\$85 ♣

Set of 3 Monographs

PZ090

\$25 ♣

Essential Concepts and Strategies

Change Agent Skills

Program Planning and Implementation

Version française intitulée *Prévention  
dans le domaine des drogues*

by Sherri R. Torjam

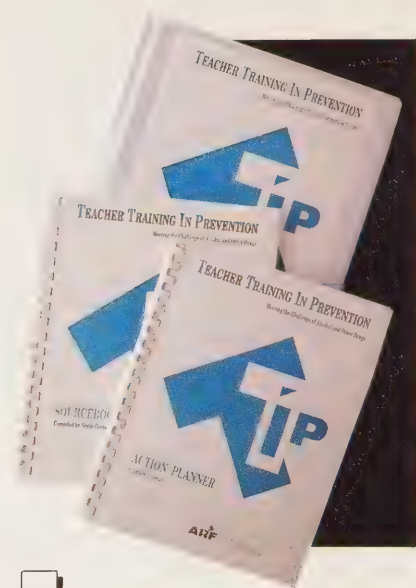
Designed and tested as a workshop for community prevention workers and trainers, this package can help anyone responsible for prevention activities.

Written with input from experts in prevention and curriculum design, it will equip users with the knowledge and skills needed to create and implement programs.

There are three major units:

- Unit A: Essential Concepts and Strategies
- Unit B: Change Agent Skills
- Unit C: Program Planning and Implementation.

Supplementary reading material for each unit is available.



## Teacher Training In Prevention (TTIP)



Participant's Package:

Includes Action Planner and Sourcebook

PG053

\$20 ♣

Trainer's Guide

PG052

\$24 ♣

Version française intitulée *Formation  
des enseignants en prévention*

Drug prevention programs are the most effective way of encouraging students to lead healthy, drug-free lives. And they work best when they are part of a curriculum. TTIP provides the knowledge you need to effectively deliver such programs. It can help you learn:

- to be more comfortable talking to students about drugs
- to respond to students who may be trying drugs or who may have drug-related problems
- to select and effectively implement drug education programs
- to integrate drug education into overall curricula.

TTIP is a complete, flexible and accessible training program. It can meet the needs of any educator who takes part in drug prevention efforts. The training materials include:

### Participant's Package:

#### ACTION PLANNER

Contains concise presentations of major prevention concepts and strategies, worksheets, checklists, sample forms and planning tools. Its four units include:

- the rationale for comprehensive programs
- ways to help students
- ways to plan drug education programs
- ways to implement these programs.

#### SOURCEBOOK

Contains "plain language" articles, booklets, reports and advice papers that support the content of the Action Planner.

### Trainer's Guide

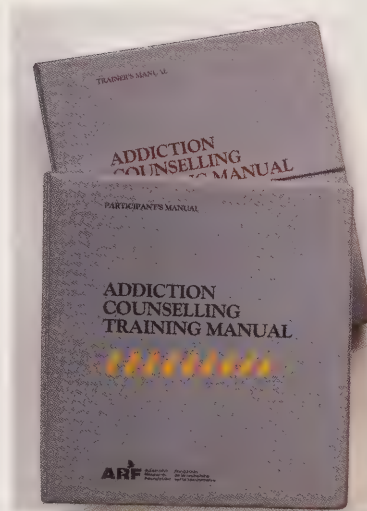
Provides experienced trainers with materials to conduct their own TTIP workshops. It contains plans for either a two-day or three-day workshop and shows how to customize workshops to meet individual needs.



### Affordable ARF Training on TTIP

ARF consultants can visit your location to train teachers or trainers. Choose a one- to four-day workshop, which ARF will tailor to your needs.

For information, please call 1-800-661-1111.



### Addiction Counselling Training Manual (ACT)

ACT Package includes:

Trainer's Manual, Participant's Manual and Video

PZ200

\$100 ♣

Trainer's Manual

PZ150

\$65 ♣

Participant's Manual

PZ153

\$35 ♣

Communications Skills Video

PV069

\$65

by Peter E. Bohm and Kenneth MacDonald

Co-published by ARF and Health and Welfare Canada.

A wide range of professionals – probation and corrections officers, social workers, clinicians and others – are now expected to respond to clients' drug and alcohol concerns.

Following a nation-wide needs assessment, this comprehensive training package was developed for them.

ACT can be used on its own or as part of a larger training strategy. It provides the specialized knowledge and basic skills professionals need to meet this new demand.

Subjects covered include:

- counselling communication skills
- practical drug concepts, such as hazards and risk indicators
- initial interview methods
- treatment planning strategies.

Participant's Manuals and Trainer's Manuals are both available.



### Communication Skills

15 min.

Ideal for in-service training of addiction counselors. A good companion video for ACT training.

The video is divided into two sections:

- Reflective Skills (such as attending, paraphrasing, reflection of feeling, and summarizing)
- Directive Skills (probing, interpretation and confrontation).



Questions? Or to order call 1-800-661-1111 ☐ 9 a.m. to 5 p.m. EST





## Alcohol Withdrawal Syndrome

60 min.

PVK44

\$250

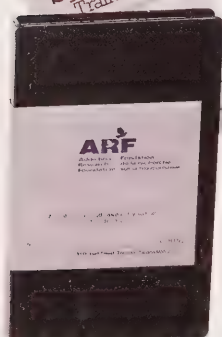
This step-by-step training video shows effective ways to assess and manage alcohol withdrawal.

It is designed for emergency room professionals, medical and nursing students, detox workers and psychiatric units.

It is presented in three modules:

- 1) Introduction
- 2) Assessment
- 3) Treatment

Alcohol  
Withdrawal  
Syndrome  
Training Kit



## Drugs and Drug Abuse:

A Reference Text

P553

\$29.50 ♣

Authors of First Edition, Terrence C. Cox, Michael R. Jacobs, A. Eugene LeBlanc, and Joan A. Marshman

revised by Michael R. Jacobs and Kevin O'B. Fehr

ARF's all-time bestseller – the most complete compendium of legal and illegal drugs and their effects. Clear, concise and jargon-free, this “drug dictionary” is ideal for libraries, legal offices, doctors' offices – anywhere people need to know about drug abuse. This book is a must for every reference shelf.



## Rx Triangle

26 min.

PV194

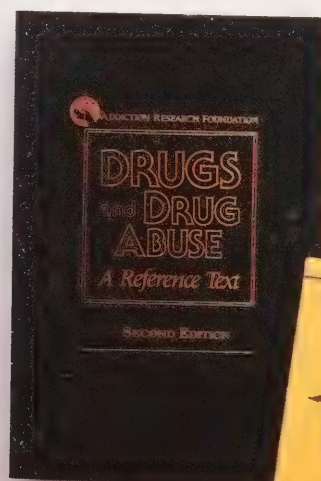
\$95

Co-produced by ARF's Pharmacy department and the Faculty of Pharmacy at University of Toronto.

Double-doctoring, prescription forging and tampering – these are some of the tactics used by con artists to illegally obtain prescription drugs.

Designed for pharmacists, physicians and students, this video shows how to identify forgeries and altered prescriptions, and how to prevent double-doctoring.

For sale to qualified health care professionals only.





### Drugs and You

60 min.

PV177

\$95

Version française intitulée *Les drogues et vous*

ARF scientists Dr. Harold Kalant and Dr. Kevin Fehr discuss the role of drugs in today's society. They explain the effects of different classes of drugs, such as stimulants, depressants and hallucinogens and explore the issue of controlling drug use in a free society.

An excellent resource for students of pharmacy, pharmacology and medicine, and anyone interested in drug control policy.

Also available:



### Drugs and You – Highlights

27 min.

PV192

\$75

As above, with most of the technical pharmacology removed. Suitable for anyone interested in drugs and their impact on society.



### Training and Education Department

One of the ARF's priorities is to provide addictions training and education. The Training and Education department (TED) develops and implements courses and materials that are effective, practical and collaboratively designed to meet the needs of individuals and professional groups in the field.

For information about courses available through TED, call 1-800-661-1111.



TED makes knowledge available in several ways: through classroom courses held in Toronto; through various distance education formats, such as teleconferences and tutor-assisted packages; and community-based workshops.



Buy all 13 titles  
(50 per title)  
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set p014 \$110

#### Facts About...

Drug Class: Sedative/Hypnotic  
Substance: Valium

Valium is a sedative/hypnotic drug that is used to treat anxiety, insomnia, and muscle spasms. It is a member of the benzodiazepine class of drugs. Valium is a Schedule IV controlled substance.

Valium is a sedative/hypnotic drug that is used to treat anxiety, insomnia, and muscle spasms. It is a member of the benzodiazepine class of drugs. Valium is a Schedule IV controlled substance.

Substance	Number of people who used the substance in the last 12 months	Percentage of people who used the substance in the last 12 months	Percentage of people who used the substance in the last 12 months who were aged 18-24
Valium	1,100,000	1.1%	0.5%
Alcohol	1,100,000	1.1%	0.5%
Amphetamines	1,100,000	1.1%	0.5%
Barbiturates	1,100,000	1.1%	0.5%
Caffeine	1,100,000	1.1%	0.5%
Cannabis	1,100,000	1.1%	0.5%
Cocaine	1,100,000	1.1%	0.5%
Hallucinogens	1,100,000	1.1%	0.5%
Inhalants	1,100,000	1.1%	0.5%
LSD	1,100,000	1.1%	0.5%
Opiates	1,100,000	1.1%	0.5%
PCP	1,100,000	1.1%	0.5%
Tobacco	1,100,000	1.1%	0.5%
Tranquillizers & Sleeping Pills	1,100,000	1.1%	0.5%

Source: Statistics Canada, 1992



#### Facts About...

Each title: \$10 (package of 50)

Version française intitulée

Renseignements sur...

This pamphlet series provides detailed information on a variety of substances, including their short- and long-term effects, withdrawal symptoms and potential for abuse.

Ideal for students or professionals in the health and addictions fields.

The series includes:

- Alcohol - P001
- Amphetamines - P002
- Barbiturates - P003
- Caffeine - P004
- Cannabis - P005
- Cocaine - P006
- Hallucinogens - P007
- Inhalants - P008
- LSD - P009
- Opiates - P010
- PCP - P011
- Tobacco - P012
- Tranquillizers and Sleeping Pills - P013



#### Canadian Profile: Alcohol and Other Drugs, 1992

P559

\$25



#### Ontario Profile: Alcohol and Other Drugs, 1992

P558

\$25

#### Two Volume Set

P5590

\$40

Is cocaine use increasing? Are we winning the war against impaired driving? How much alcohol do Canadians drink?

Find the answers in these two comprehensive statistical sourcebooks.

*Canadian Profile* and *Ontario Profile* provide statistics on topics such as:

- alcohol and drug consumption
- alcohol, drugs and crime
- smoking
- substance-related death and illness.

A valuable quick reference for libraries, information centres, the media, policy planners and government.



## Theories on Alcoholism

PB002

\$39.50 ♦

edited by C.D. Chaudron and  
D.A. Wilkinson

Eighteen researchers, all specialists in the alcohol field, contribute theories on alcoholism – how and why it occurs. All authors follow specific guidelines on organization and style, so that readers can compare each theory within a consistent framework.

Eleven chapters are organized in three sections:

- biological theories (genetic, neurobiological and neurobehavioral)
- psychological theories (psychoanalytical, personality, classical conditioning, social learning)
- and social theories (systems, availability, anthropological, economic).

A fascinating and informative discussion for health professionals, academics, policymakers, students – anyone interested in the causes and treatment of alcohol abuse.



## Drugs, Society and Personal Choice

P497

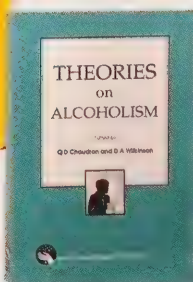
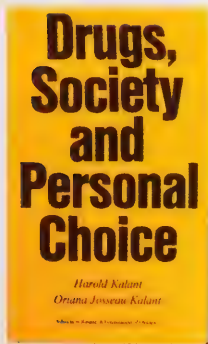
\$9.95 ♦

by Harold Kalant and Oriana Josseau  
Kalant

Written by two of Canada's leading authorities on drugs and their effects, this classic text examines the whole scope of society and its attempts to come to terms with the impact of drug use.

Separating scientific facts from value judgments, this book is designed to help people come to informed and reasoned decisions.

It discusses various drugs and their effects; the physical, psychological and economic consequences of drug use; the role of government, research and education; and many other issues.



## Unemployment, Alcohol, and Drugs

PWP28

\$16.50 ♦

by Judith Groeneveld, Martin Shain  
and James Simon

In the early 1980s, ARF studied the effects of unemployment on 200 Ontarians. The results, and a discussion of the relationship between unemployment and substance use, are contained in this 152-page document.



## Alcohol Concentration of Liquid Pharmaceuticals: A Compilation of Data for Products Distributed in Canada

PZ038

\$7.50 ♦

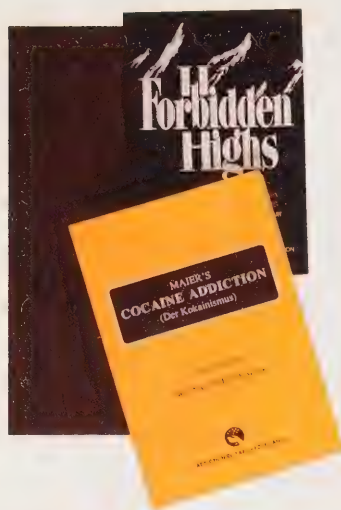
by Suzette Khabbaz

Many medications and cosmetics contain alcohol. This can be a problem for recovering alcoholics, persons using Antabuse® or Temposil®, people with extreme sensitivity to alcohol and those on medications that interact with alcohol.

Doctors and pharmacists need to know the alcohol content of any drug they prescribe.

This comprehensive compilation lists the precise alcohol content of liquid pharmaceutical products. It is an essential resource to safeguard professionals and their patients.





### Forbidden Highs

P555

\$4.95 ♣

A general look at illicit drug abuse, methods of prevention and avenues of treatment.



### Alcohol Use Across the Life Course: A Critical Review of 70 Years of International Longitudinal Research

PB001

\$15 ♣

by Kaye Middleton Fillmore

This study, commissioned by the World Health Organization, takes a critical look at longitudinal studies of drinking patterns and alcohol-related problems.

It highlights social, psychological and biological factors that could be critical in planning programs to reduce the harm caused by alcohol abuse.



### Maier's Cocaine Addiction (Der Kokainismus)

P562

\$25 ♣

translated and edited by  
Oriana Josseau Kalant

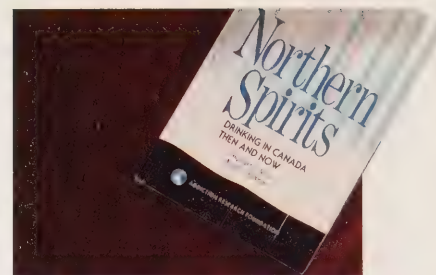
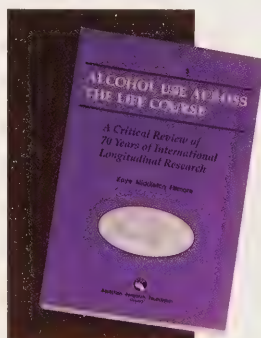
*"Still the best book to consult with regard to the history and development of cocaine dependence."*

Dr. Robert Byck, Yale University

When cocaine started to attract attention in the late 1970s, it was assumed that little was known clinically about the drug. This was not the case. Cocaine was not a new drug; detailed clinical observations of heavy cocaine use had been published many years before in French, Italian and German.

This monograph was prepared in the 1920s, in the midst of a wave of cocaine use during the Jazz Age. Dr. Kalant's translation has made this important seminal work available in English for the first time.

Winner of the 1989 British Journal of Addictions Book Prize.



### Northern Spirits: Drinking in Canada Then and Now

P561

\$4.95 ♣

An historical perspective on the use of alcohol in Canada from pioneering days through Prohibition to the post-Industrial era. Genuinely Canadian!



### Alcohol and Drug Policies: A Guide For School Boards

PG037

\$8.25 ♣

Version française intitulée *Politiques en matière d'alcool et de drogues : Guide à l'intention des conseils scolaires*

The best way for schools to deal with students' drug and alcohol use is to have a set policy in place.

The ARF has developed a model school policy that has been adopted by more than 100 Ontario boards. Its three-pronged approach covers:

- preventive curricula
- early intervention
- and disciplinary action.

This guide shows how to implement a policy and provides an overview of student use of alcohol and other drugs.



## The Legal Rights, Powers and Obligations of Educators Regarding Student Alcohol and Drug Use

PG038

\$8.25 ❖

Version française intitulée *Droits, pouvoirs et obligations légales des éducateurs concernant l'emploi d'alcool et de drogues par les élèves*

You suspect a student of hiding drugs in his locker. Do you have the right to search it?

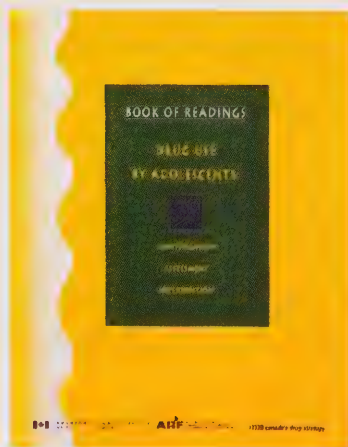
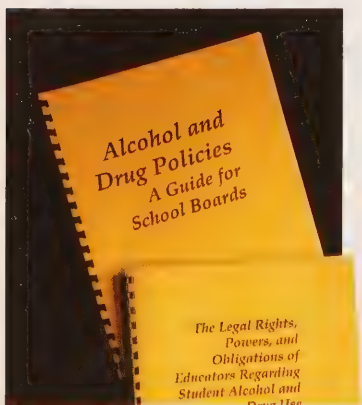
A group of 14-year-olds are smoking on school property. Are you obliged to tell them to butt out?

A wide range of federal and provincial statutes apply to drug and alcohol use on school property. Educators and administrators must know their rights, obligations and powers in dealing with student alcohol and drug use.

This companion to *Alcohol and Drug Policies: A Guide For School Boards* outlines the laws relevant to these issues, including:

- the Education Act
- the Trespass to Property Act
- the Criminal Code.

Clear, concise and jargon-free, it's essential to the success of any school policy.



## Drug Use by Adolescents: Identification, Assessment and Intervention. Book of Readings

PG058

\$18.95 ❖

What makes adolescence a risky time for drug abuse? What types of treatment methods work best? What are the legal implications of treating minors? *Drug Use by Adolescents: Identification, Assessment and Intervention* answers these and many more questions.

Developed as part of *Youth & Drugs* (please see page 17), it can also be used on its own, offering frontline professionals an overview of current research findings and clinical practice methods. It includes in-depth articles on:

- adolescent development and behavioral health.
- substance abuse trends among youth
- legal issues relevant to treatment
- assessment and treatment methods
- and family issues that relate to interventions.

NEW

Edited by experts from the Addiction Research Foundation, this volume will be of use to social workers, educators, public health nurses, guidance counsellors – anyone in contact with young people who may be at risk of developing drug-related problems.

## The Journal

PS001

Canadian subscriptions \$15

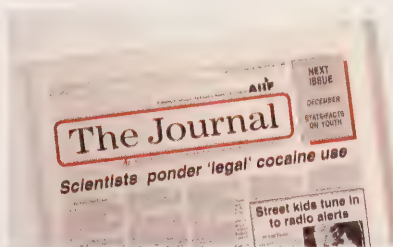
International subscriptions \$19

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- comprehensive listings of upcoming events
- reviews of the latest in education and health promotion materials
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*Libraries, please note, a standard 20% discount is available throughout the year.*
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*See individual product descriptions or index for Ontario PST-exempt products. ♣ indicates product is PST exempt.*

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## LEGEND

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Software



Leaflet



Video  
Cassette



Book



Audio  
Cassette



Game



Workshop



PST Exempted



Product Code	Title/Description	Price	Ontario PST Exempt	Page #
<b>A</b>				
P6471	1991-92 Directory of Alcohol and Drug Treatment Resources in Ontario	\$25.00	NO	16
P382	About Cocaine (pkg. of 50)	\$42.50	YES	3
P383	About Smoking (pkg. of 50)	\$42.50	YES	3
PV069	ACT - Addiction Counselling Training Manual, Communications video	\$65.00	NO	19
PZ200	ACT - Addiction Counselling Training Manual, Package	\$100.00	YES	19
PZ153	ACT - Addiction Counselling Training Manual, Participant's manual	\$35.00	YES	19
PZ150	ACT - Addiction Counselling Training Manual, Trainer's manual	\$65.00	YES	19
PG011	ADS - Alcohol Dependence Scale, Kit	\$15.00	YES	12
P143	ADS - Alcohol Dependence Scale, Questionnaires (pkg. of 25)	\$6.50	NO	12
PG010	ADS - Alcohol Dependence Scale, User's Guide	\$14.25	YES	12
PG037	Alcohol and Drug Policies: A Guide For School Boards	\$8.25	YES	24
P5590	Alcohol and Other Drugs, 2-Volume Set: Ontario Profile & Canadian Profile	\$40.00	YES	22
P148	Alcohol Clinical Index, Alcohol Use Questionnaire (pads of 50)	\$9.95	NO	16
P149	Alcohol Clinical Index, Checklist Questionnaire (pads of 50)	\$9.95	NO	16
P146	Alcohol Clinical Index, Clinical Signs Questionnaire (pads of 50)	\$9.95	NO	16
P147	Alcohol Clinical Index, Medical History Questionnaire (pads of 50)	\$9.95	NO	16
PG034	Alcohol Clinical Index, User's Guide	\$9.75	NO	16
PZ038	Alcohol Concentrations of Liquid Pharmaceuticals	\$7.50	YES	23
PB001	Alcohol Use Across the Life Course	\$15.00	YES	24
PVK44	Alcohol Withdrawal Syndrome (video)	\$250.00	NO	20
PB004	Alcoholism: From Recognition to Recovery	\$12.95	YES	4
PV168	And the Door Was Opened (video)	\$75.00	NO	14
PG032	APPLAUSE, Presenter's Guide	\$15.00	YES	10
PAS01	APPLAUSE, Slide Set	\$120.00	NO	10
PZ072	ASIST Questionnaire (pkg. of 10)	\$25.00	NO	12
PZ071	Assessment Handbook	\$35.00	YES	12
<b>C</b>				
P559	Canadian Profile: Alcohol and Other Drugs, 1992	\$25.00	YES	22
PV150	Cannabis and You (video)	\$75.00	NO	10
PV159	Choice is Yours, The (video)	\$100.00	NO	10
PD008	Computerized Blood Alcohol Calculator (CBAC)	\$95.00	YES	8
<b>D - E</b>				
P391	Dealing With Drinking (pkg. of 50)	\$42.50	NO	4
P251	Do You Know - Alcohol (pkg. of 50)	\$10.00	NO	3
P264	Do You Know - Alcohol, Other Drugs and Driving (pkg. of 50)	\$10.00	NO	3

Product Code	Title/Description	Price	Ontario PST Exempt	Page #
P252	Do You Know - Amphetamines (pkg. of 50)	\$10.00	NO	3
P253	Do You Know - Barbiturates (pkg. of 50)	\$10.00	NO	3
P263	Do You Know - Caffeine (pkg. of 50)	\$10.00	NO	3
P254	Do You Know - Cannabis (pkg. of 50)	\$10.00	NO	3
P262	Do You Know - Cocaine (pkg. of 50)	\$10.00	NO	3
P255	Do You Know - Hallucinogens (pkg. of 50)	\$10.00	NO	3
P257	Do You Know - Opiates (pkg. of 50)	\$10.00	NO	3
P259	Do You Know - Solvents and Aerosols (pkg. of 50)	\$10.00	NO	3
P256	Do You Know - Steroids (pkg. of 50)	\$10.00	NO	3
P260	Do You Know - Tobacco (pkg. of 50)	\$10.00	NO	3
P261	Do You Know - Tranquillizers and Sleeping Pills (pkg. of 50)	\$10.00	NO	3
P249	Do You Know - SET (50 per title)	\$110.00	NO	3
PV183	Drinking, Driving and the Law (video)	\$95.00	NO	9
PZ075	Drug Abuse Screening Test, DAST-20 (pad of 100)	\$5.50	NO	13
PB005	Drug Dependence: From Recognition to Recovery	\$12.95	YES	4
PG058	Drug Use by Adolescents: Book of Readings	\$18.95	YES	25
P553	Drugs and Drug Abuse: A Reference Text	\$29.50	YES	20
PV177	Drugs and You (video)	\$95.00	NO	21
PV192	Drugs and You, Highlights (video)	\$75.00	NO	21
P497	Drugs, Society and Personal Choice	\$9.95	YES	23
PVK14	Dr. Cooper - Alcohol: The Inside Story, Educational Kit with video	\$50.00	NO	6
PVK05	Dr. Cooper - Butt It Out, Educational Kit with video	\$50.00	NO	6
PVK17	Dr. Cooper - Keep Off the Grass, Educational Kit with video	\$50.00	NO	7
PVK38	Dr. Cooper - Leave It Alone, Educational Kit with video	\$50.00	NO	6
PVK11	Dr. Cooper - Never Listen to a Bottle, Educational Kit with video	\$50.00	NO	6
PVK32	Dr. Cooper - Nothing to Sniff At, Educational Kit with video	\$50.00	NO	7
PVK00	Dr. Cooper Series, Six Educational Kits with videos	\$200.00	NO	6
PP005	Employee Assistance Program, posters (set of 4 titles, 5 per title)	\$10.00	NO	11

#### F - H

P001	Facts About - Alcohol (pkg. of 50)	\$10.00	NO	22
P002	Facts About - Amphetamines (pkg. of 50)	\$10.00	NO	22
P003	Facts About - Barbiturates (pkg. of 50)	\$10.00	NO	22
P004	Facts About - Caffeine (pkg. of 50)	\$10.00	NO	22
P005	Facts About - Cannabis (pkg. of 50)	\$10.00	NO	22
P006	Facts About - Cocaine (pkg. of 50)	\$10.00	NO	22
P007	Facts About - Hallucinogens (pkg. of 50)	\$10.00	NO	22
P008	Facts About - Inhalants (pkg. of 50)	\$10.00	NO	22

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Product Code	Title/Description	Price	Ontario PST Exempt	Page #
P009	Facts About - LSD (pkg. of 50)	\$10.00	NO	22
P010	Facts About - Opiates (pkg. of 50)	\$10.00	NO	22
P011	Facts About - PCP (pkg. of 50)	\$10.00	NO	22
P012	Facts About - Tobacco (pkg. of 50)	\$10.00	NO	22
P013	Facts About - Tranquillizers and Sleeping Pills (pkg. of 50)	\$10.00	NO	22
P014	Facts About SET (50 per title)	\$110.00	NO	22
PV102	Fetal Alcohol Syndrome (video)	\$100.00	NO	5
P555	Forbidden Highs	\$4.95	YES	24
PV174	Group Therapy: Stages of Group Growth (video)	\$250.00	NO	15
PG031	High School Education to Reduce Impaired Driving	\$4.95	YES	8

## I - L

PD004	IDS-100 - Inventory of Drinking Situations, Software, 200 Uses	\$450.00	YES	13
PD003	IDS-100 - Inventory of Drinking Situations, Software, 50 Uses	\$140.00	YES	13
P144	IDS-100 Print Version Questionnaires (pkg. of 25)	\$14.75	NO	13
PG035	IDS-100 Print Version, User's Guide	\$13.50	YES	13
PG036	IDS-100 Print Version, User's Guide and 25 Questionnaires	\$25.00	YES	13
P1441	IDS-42 Print Version, Short Version Questionnaires (pkg. of 25)	\$12.75	NO	13
PV156	Inhalant Abuse (video)	\$95.00	NO	4
P126	Is It Safe For My Baby? (pkg. of 50)	\$42.50	NO	2
PS001	Journal, The (Canadian subscriptions)	\$15.00	YES	25
PS001	Journal, The (International subscriptions)	\$19.00	YES	25
PV165	Just for a Few Drinks (video)	\$55.00	NO	9
PG038	Legal Rights, Powers and Obligations of Educators, The	\$8.25	YES	25

## M - O

P562	Maier's Cocaine Addiction (Der Kokainismus)	\$25.00	YES	24
P138	Marijuana: Answers for Young People and Parents (pkg. of 50)	\$37.50	YES	3
P123	Me...On Drugs? (pkg. of 50)	\$42.50	NO	2
PV186	Motivation and Change (video)	\$250.00	NO	15
P561	Northern Spirits: Drinking in Canada, Then and Now	\$4.95	YES	24
P558	Ontario Profile: Alcohol and Other Drugs, 1992	\$25.00	YES	22

## P - R

PG019	Physicians' Handbook	\$7.95	YES	16
PV114	Play Your Hand (video)	\$150.00	NO	11
P550	Problems Presented by Alcoholic Clients	\$12.95	YES	14
PA017	Progressive Muscular Relaxation (audiotape)	\$9.00	NO	5

Product Code	Title/Description	Price	Ontario PST Exempt	Page #
PZZ01	Quality Assurance in Substance Abuse Treatment	\$10.00	YES	14
PV194	Rx Triangle (video)	\$95.00	NO	20
<b>S</b>				
PG057	Saying When: How to Quit Drinking or Cut Down	\$24.95	YES	5
P153	SCQ-39 - Print Version, Questionnaire (pkg. of 25)	\$14.75	NO	13
PG039	SCQ-39 - Print Version, User's Guide	\$13.50	YES	13
PG040	SCQ-39 - Print Version, User's Guide and 25 Questionnaires	\$25.00	YES	13
PD007	SCQ-39 - Situational Confidence Questionnaire, Software: 200 Uses	\$225.00	YES	13
PD006	SCQ-39 - Situational Confidence Questionnaire, Software: 50 Uses	\$70.00	YES	13
PM001	Smokes & Ladders (boardgame)	\$15.00	NO	7
PH001	Student Alcohol Awareness, Car Window Decal (pkg. of 25)	\$5.75	NO	9
PH014	Student Alcohol Awareness, Personal Drinking Checklist (pkg. of 25)	\$13.00	NO	9
PH011	Student Alcohol Awareness poster, Beer and Pretzel Logic (pkg. of 25)	\$20.00	NO	9
PH009	Student Alcohol Awareness poster, Boomer, The Next Morning (pkg. of 25)	\$20.00	NO	9
PH013	Student Alcohol Awareness poster, Come Here Often? (pkg. of 25)	\$20.00	NO	9
PH010	Student Alcohol Awareness poster, Life's a Beach (pkg. of 25)	\$20.00	NO	9
PH012	Student Alcohol Awareness poster, Touch Down! (pkg. of 25)	\$20.00	NO	9
PH018	Student Alcohol Awareness T-shirt, Come Here Often?	\$11.00	NO	9
<b>T - U</b>				
PB002	Theories on Alcoholism	\$39.50	YES	23
PG014	Therapist's Manual for Secondary Prevention of Alcohol Problems	\$20.00	YES	14
PZ082	Training Program on Prevention in the Drug Field: Instructor's Manual	\$85.00	YES	18
PZ090	Training Program on Prevention in the Drug Field: Monographs	\$25.00	YES	18
PZ091	Training Program on Prevention in the Drug Field: Package	\$95.00	YES	18
PG053	TTIP - Teacher Training in Prevention, Participant's Package	\$20.00	YES	18
PG052	TTIP - Teacher Training in Prevention, Trainer's Guide	\$24.00	YES	18
PWP28	Unemployment, Alcohol, and Drugs	\$16.50	YES	23
<b>W - Y</b>				
PB003	Women, Work and Wellness	\$24.95	YES	11
PY001	Youth & Drugs: An Education Package for Professionals	\$175.00	NO	17









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